

- **Goal of instruction**

The goal of this instruction is for students to learn proper oral hygiene techniques including brushing, flossing and rinsing.

- **History of course of instruction**

According to the American Academy of Pediatrics (2014), early childhood caries is the number one chronic childhood disease affecting young children and that tooth pain keeps many children home from school or distracted from learning every year.

Preventative oral health care has been demonstrated to reduce the frequency of dental caries and minimize the complications of dental disease such as tooth pain or sensitivity.